

Directory of Services

General Information

Name	Phone
American Red Cross	(715) 485-3025
Community Referral Agency Domestic Abuse Crisis Line	(715) 825-4414
Polk County Mental Health AODA Crisis Line	(715) 485-8400
Poison Control	(800) 222-1222
Lutheran Social Services	(715) 682-3289
National Alliance for the Mentally Ill	(715) 268-8356
Sheriff Department-Burnett Co.	(715) 349-2121
Sheriff Department-Polk Co.	(715) 485-8300
Sheriff Department-St. Croix Co.	(715) 381-4320
Wisconsin Arson Tip Line	(800) 362-3005
Wisconsin Drug Tip Line	(800) 622-3784
WI Council on Problem Gambling	(800) 426-2535

Hospitals

Name	Phone
Amery Regional Medical Center	(715) 268-8000
Burnett Medical Center, Grantsburg	(715) 463-5353
Cumberland Memorial Hospital	(715) 822-2741
Indianhead Medical Center, Shell Lake	(715) 468-7833
Lakeview Medical Center, Rice Lake	(715) 234-1515
Osceola Medical Center	(715) 294-2111
St. Croix Regional Medical Center	(715) 483-3261
Westfields Hospital, New Richmond	(715) 246-2600

Nursing Homes

Name	Phone
Burnett Medical Center, Grantsburg	(715) 463-5355

Christian Community Home, Osceola	(715) 294-1100
Frederic Nursing & Rehabilitation, Frederic	(715) 327-4297
Golden Age Manor, Amery	(715) 268-7107
Good Samaritan, St. Croix Falls	(715) 483-9815
Pioneer Nursing Home, Praire Farm	(715) 455-1178
St. Croix County Health, New Richmond	(715) 246-6991
United Pioneer Home, Luck	(715) 472-2164
Willow Ridge Healthcare, Amery	(715) 268-8171

Hotlines

Name	Phone
AIDS Crisis Line	(800) 323-2437
Hazelden (guidance, info, treatment) Alcohol & Drug Abuse	(800) 257-7810
Alcohol & Drugs 24hr help/crisis line	(800) 711-6402
Anxiety-NAMI (National Alliance for Mentally Ill)	(800) 950-6264
Bullying	(800) 662-8559
Child Services (DSHS) child abuse hotline/reporting	(800) 562-5624
National Child abuse & Family Violence hotline	(800) 222-2000
Childhelp (national abuse prevention & counseling)	(800) 422-4453
Child Abuse-Family Help Line	(800) 704-2102
Cutting-S.A.F.E. (Self Abuse Finally Ends) Support	(800) 366-7288
National Depressive/Manic Depressive Assoc	(800) 826-3632
Depression-National Mental Health Assoc.	(800) 729-4227
Depression-Teen Help Line	(800) 637-0701
Divorce-The Nineline	(800) 999-9999
Domestic abuse-National Organization for Victim Assistance	(800) 799-7233
Domestic abuse-Crisis Center Hotline	(800) 244-5767
Teen Legal Service (teens dealing with domestic abuse)	(800) 244-5767
Alcohol & Drugs 24hr hotline	(800) 562-1240
Drug Abuse-Youth Crisis Hotline	(800) 448-4663
National Clearinghouse for Alcohol & Drug	(301) 468-2600
Drug Abuse-Cocaine Anonymous	(800) 347-8998
Drug Abuse-Marijuana Anonymous	(212) 459-4423

Drug Abuse-Narcotic Anonymous	(818) 773-9999
Eating disorders-American Anorexia/Bulemia Assoc.	(800) 522-2230
National Eating Disorder Organization (NEDO)	(918) 481-4044
Grief-Compassionate Friends	(312) 323-5010
Grief Works Resources	(800) 850-9420
National Youth Crisis Hotline for Sexual abuse	(800) 448-4663
National Domestic Violence & Sexual Abuse	(800) 799-7233
Sexual abuse-Sex Addicts Anonymous	(800) 474-8191
Sexual Assault services/support group	(800) 630-1424
Suicide Prevention Hotline	(800) 227-8922
Yellow Ribbon Suicide Prevention	(800) 865-0606
Survivors of Suicide Intervention crisis line	(800) 244-5767
Center for Disease Control National STD Hotline	(800) 227-8922
Single Parents Assoc.	(800) 704-2102

Alcohol, Drug & Other Addictions

Name	Location	Phone
Aurora Community Counseling	Burnett & St. Croix Counties	(715) 235-1839
Hazelden Foundation	Center City, MN	(800) 257-7810
Minnesota Teen Challenge	Minneapolis, MN	(612) 373-3366
Northwest Counseling & Guidance Clinic	Frederic	(715) 327-4402
Northwest Passage, Ltd	Frederic	(715) 327-4402
Peace Tree Counseling	Osceola	(715) 755-2233
Polk County Mental Health & Chemical Dependency	Balsam Lake	(715) 485-8400
	St. Croix Falls	(715) 483-0243

Alcoholics Anonymous

Location	Days & Times	Phone
St. Croix Falls - Alano Club	Sunday 10 am & 8 pm	(715) 405-3085
Amery - American Legion Hall	Sunday 7 pm	(715) 268-5580
St. Croix Falls - Alano Club	Monday 6:30 pm Women's Group	(715) 294-4386
Amery - American Legion Hall	Monday 7 pm	(715) 268-5580

Frederic - Pilgrim Lutheran Church	Monday 7 pm AA/Alanon	no phone
Osceola - Methodist Church	Monday 8 pm	(715) 294-4052
St. Croix Falls - Alano Club	Tuesday 7 pm	(715) 294-4386
Balsam Lake - Methodist Church	Tuesday 8 pm	(715) 405-3085
St. Croix Falls - Alano Club	Wednesday 10 am & 8 pm	(715) 294-4386
St. Croix Falls - Alano Club	Thursday 6 pm	(715) 294-4386
Dresser - Peace Lutheran Church	Thursday 7 pm AA/Big Book	(715) 755-3495
Amery - American Legion Hall	Thursday 8 pm	(715) 268-5580
Osceola - Methodist Church	Thursday 8 pm AA/Big Book	(715) 294-4052
Amery - American Legion Hall	Friday 8 pm	(715) 268-5580
Amery - American Legion Hall	Saturday 10 am	(715) 268-5580
St. Croix Falls - Alano Club	Saturday 10 am & 10 pm	(715) 294-4386
Milltown - Lutheran Church	Saturday 7pm	(715) 825-3416

Children & Adolescents Counseling Services

Name	Ages	Phone
Amery Regional Medical Center - Behavioral Health	Children 4-18 years	(715) 268-0060
Aurora Community Counseling - Siren Office	Children 0-18 years	(715) 349-7233
Family-Based Therapy Associates - Chisago County, MN	Children 4-18 years	(651) 257-2733
Midwest Psychological Services	Children 4-18 years	(715) 381-1980
Northwest Counseling & Guidance Clinic	Children 0-18 years	(715) 327-4402
Northwest Passage, Ltd	Children 4-18 years	(715) 327-4402
Peace Tree Counseling	Children 4-18 years	(715) 755-2233
Polk County Mental Health & Chemical Dependency	Children 0-18 years	(715) 485-8400
Sharon Ward, MA, LP, Licensed Psychologist - Taylors Falls, MN	Children 0-18 years	(952) 491-4490
St. Croix Regional Medical Center - Behavioral Health	Children 0-18 years	(715) 483-0243
Teen Care Runaway Program	Teenagers	(800) 491-8336
Travis Hinze, Phd, Licensed Psychologist	Children 5-12 testing only; Ages 13-18 counseling	(800) 994-4693

Developmental Disabilities Services

Name	Location	Phone
Amery Regional Behavioral Health Center	Amery, WI	(715) 268-0060
Aurora Community Counseling	Burnett & St. Croix Counties	(715) 235-1839
Center for Independent Living for Western Wisconsin, Inc.	Rice Lake, WI	(715) 736-1800
Family-Based Therapy Associates	Chisago County, MN	(651) 257-2733
Midwest Psychological Services	St. Croix Falls, WI	(715) 381-1980
Northwest Counseling & Guidance Clinic	Frederic, WI	(715) 327-4402
Osceola Medical Center	Osceola, WI	(715) 294-2111
Peace Tree Counseling	Osceola, WI	(715) 755-2233
Polk County Mental Health & Chemical Dependency	Balsam Lake	(715) 485-8400
Sharon Ward, MA, LP, Licensed Psychologist	Taylors Falls, MN	(952) 491-4490
St. Croix Regional Medical Center - Behavioral Health	St. Croix Falls, WI	(715) 483-0243
Travis Hinze, Phd, Licensed Psychologist	Osceola, WI	(800) 994-4693

Geriatric (Older Adult) Counseling

Name	Location	Phone
Amery Regional Behavioral Health Center	Amery, WI	(715) 268-0060
Aurora Community Counseling	Burnett & St. Croix Counties	(715) 235-1839
Family-Based Therapy Associates	Chisago County, MN	(651) 257-2733
Midwest Psychological Services	St. Croix Falls, WI	(715) 381-1980
Northwest Counseling & Guidance Clinic	Frederic, WI	(715) 327-4402
Osceola Medical Center	Osceola, WI	(715) 294-2111
Peace Tree Counseling	Osceola, WI	(715) 755-2233
Polk County Mental Health & Chemical Dependency	Balsam Lake	(715) 485-8400
Sharon Ward, MA, LP, Licensed Psychologist	Taylors Falls, MN	(952) 491-4490
St. Croix Regional Medical Center - Behavioral Health	St. Croix Falls, WI	(715) 483-0243
Travis Hinze, Phd, Licensed Psychologist	Osceola, WI	(800) 994-4693

Additional resources for older adults

Name	Location	Phone
Adult Protective Services - Adult-at-risk & Elder Abuse	Balsam Lake, WI	(715) 485-8400

Center for Independent Living for Western Wisconsin
 Polk County Aging Department
 Aging & Disability Resource Center
 Elder care locator

Rice Lake, WI (715) 736-1800
 Balsam Lake, WI (715) 485-8599
 Balsam Lake, WI (715) 485-2372
 (800) 677-1116

Home Delivered Groceries

Amery - Dicks Fresh Market	\$3.00 charge for in-town delivery. Call by 9 am on Tuesday. Tuesday delivery only	(715) 268-7513
Clear Lake - Nilssen's	No charge-call by 9 am Wednesday	(715) 263-2513
Frederic - Super Value	\$2.50 charge for in-town delivery. Call by 11 am on Monday. Wednesday delivery	(715) 327-4855
Horse Creek - Horse Creek store	Call for information	(715) 294-3410
Osceola - Dick's Fresh Market	\$3.00 charge for in-town delivery. Call by 9 Tuesday morning. Tuesday delivery only	(715) 294-2158
Turtle Lake/Clayton/Almena- Becker's Super Value Store	No charge-call by 9 am. Delivery Monday & Friday	(715) 986-2244

Home Delivered Meals (Meals on Wheels) & Senior Dining Location Time and Dates

Location	Time & Dates	Phone
Amery-Congregational Church, 201 Harriman Avenue	11:45 am Mon, Tues, Thurs, Friday	(715) 268-6818
Clear Lake-Ridgeview Apartments, 390 5th Street N	11:45 am Mon, Tues, Thurs, Friday	(715) 263-4356
Dresser-Peace Lutheran Church, 2355 Clark Road	11:45 am Mon, Tues, Thurs, Friday	(715) 755-3795
Frederic-Senior Center, 109 Elm Street	11:45 am Mon, Tues, Thurs, Friday	(715) 327-4112
Milltown-Community Center, 301 2nd Avenue S	11:30 am Mon, Tues, Thurs, Friday	(715) 825-2518

Transportation

Interfaith Caregivers	Balsam Lake, WI	(715) 485-9500
Amery Senior Center	Amery, WI	(715) 268-6605
Car Care Ministry	Amery, WI	(715) 268-7390
West Cap, Inc		(800) 606-9227

Mental Health Counseling

Name	Location	Phone
Amery Regional Behavioral Health Center	Amery, WI	(715) 268-0060
Aurora Community Counseling	Burnett & St. Croix Counties	(715) 235-1839
Family-Based Therapy Associates	Chisago County, MN	(651) 257-2733
Family Therapy Associates	New Richmond, WI	(715)-246-4840
Midwest Psychological Services	St. Croix Falls, WI	(715) 381-1980
Northwest Counseling & Guidance Clinic	Frederic, WI	(715) 327-4402
Osceola Medical Center	Osceola, WI	(715) 294-2111
Peace Tree Counseling	Osceola, WI	(715) 755-2233
Polk County Mental Health & Chemical Dependency	Balsam Lake	(715) 485-8400
Sharon Ward, MA, LP, Licensed Psychologist	Taylors Falls, MN	(952) 491-4490
St. Croix Regional Medical Center - Behavioral Health	St. Croix Falls, WI	(715) 483-0243
Travis Hinze, Phd, Licensed Psychologist	Osceola, WI	(800) 994-4693

Psychiatric Services

Name	Location	Phone
Amery Regional Behavioral Health Center	Amery, WI	(715) 268-0060
Aurora Community Counseling	Burnett & St. Croix Counties	(715) 235-1839
Northwest Counseling & Guidance Clinic	Frederic, WI	(715) 327-4402
Polk County Mental Health & Chemical Dependency	Balsam Lake	(715) 485-8400
St. Croix Regional Medical Center - Behavioral Health	St. Croix Falls, WI	(715) 483-0243

Psychological Testing/Evaluation

Name	Location	Phone
Aurora Community Counseling	Burnett & St. Croix Counties	(715) 235-1839

Family-Based Therapy Associates	Chisago County, MN	(651) 257-2733
Midwest Psychological Services	St. Croix Falls, WI	(715) 381-1980
Northwest Counseling & Guidance Clinic	Frederic, WI	(715) 327-4402
Peace Tree Counseling	Osceola, WI	(715) 755-2233
Sharon Ward, MA, LP, Licensed Psychologist	Taylors Falls, MN	(952) 491-4490
St. Croix Regional Medical Center - Behavioral Health	St. Croix Falls, WI	(715) 483-0243
Travis Hinze, Phd, Licensed Psychologist	Osceola, WI	(800) 994-4693

Sex Offender Treatment

Name	Location	Phone
Northwest Counseling & Guidance Clinic	Frederic	(715) 327-4402
Northwest Passage, Ltd	Frederic	(715) 327-4402
St. Croix Regional Medical Center-Behavioral Health	St. Croix Falls	(715) 483-0243

Shelters

Name & Location	Type	Phone
Community Referral Agency - Milltown, WI	Abused Women	(715) 825-4414 or (800) 261-7233
Butterfly House - St. Croix Falls, WI	Sober Transitional - Women only	(715) 417-1216
Serenity Home - Balsam Lake, WI	Sober Transitional	(715) 485-1221
Northwoods - Amery, WI	Homeless Shelter	(715) 268-5730 or (715) 554-0137
Serenity Home - Balsam Lake, WI	Homeless Shelter	(715) 485-1221
Grace Place/Salvation Army - Somerset, WI	Emergency Shelter	(715) 247-2944
House of Hope - Menomonie, WI	Emergency Shelter	(715) 235-2975
Turning Point - River Falls, WI	Domestic & Sexual Abuse	(715) 425-6751
Teencare/Positive Alternatives - Menomonie, WI	Homeless & Troubled Teenagers	(715) 235-9552
Our Neighbors' Place - River Falls, WI	Homeless Shelter	(715) 426-9000
Benjamin's House - Rice Lake, WI	Homeless Shelter	(715) 736-2437

Food Pantries

Name	Location	Date	Phone
Amery: Amery Area Food Pantry	230 Deronda Street. Located in the former medical center, entrance is located on the South side of the building off Deronda Street	Thursdays from 2-6 pm Must call in advance	715-268-5999
Clear Lake: Lifeline Food Pantry	560 5th Street; Located in the community center previously known as the old high school bldg	Mon 8:30-12 & Thurs 2-6 pm Service Area: Clear Lake & Clayton	715-263-3846
Dresser: People Loving People	103 East Main St. Located in the old hardware store.	Mon 10 am-1 pm & Wed 2-5 pm and Sat 10 am - 1 pm	952-457-7543
Frederic: Frederic Area Food Shelf	Located behind the clinic through the alley, entrance by Car Quest	Thursdays from 2-6 pm Service Area: Frederic School District	
Luck & Unity School District: Loaves & Fishes Interfaith Food Pantry	400 Main Street South; located behind Mutual Insurance Office	Tues & Thurs 11-1 pm Service area: Luck & Unity School Districts including Luck, Milltown, Balsam Lake & Centuria	
Osceola: The Open Cupboard Food Shelf	402 2nd Ave East	Mon & Wed 9-12 & Thurs 11-4 pm Service area: All of Dresser & Osceola School districts	715-294-4357 (leave message)
St. Croix Falls: St. Croix Falls Food Shelf	809 Pine Street; under blue water tower in the industrial park.	Mon 9-11 am & Thurs 3-6 pm Service area: St. Croix Falls school district & Dresser Elementry & Chisago County	715-483-9494
St. Croix Falls: Family Pathways	2205 Hwy 8; West of Marketplace Foods	Tues 9-12, Wed 12-6, Fri 9-3, Sat 9-12. Service area: St. Croix Falls school district & Centuria	715-483-2920

Ruby's Pantry

Town/host site	Location	Date	Time
Amery, WI at Congregational Church (\$15.00 Donation Requested)	201 N. Harriman Ave	2nd and 5th Saturdays of the Month	Doors open at 8:30 AM & distribution starts at 9:00 A.M. ends approximately at 10:30 A.M
Cameron, WI -Living Water Lutheran Church (\$15.00 Donation Requested)	Cameron Diesel Repair 2nd driveway south of Mix-Crete on Hwy SS	3rd Saturday of every month	Doors open at 8:00 A.M. & distribution starts at 9:30 A.M. ends approximately at 11:00 A.M.
Cumberland, WI - Northern Lakes Community Church (\$15.00 Donation Requested)	Elementary School 1530 2nd Ave	1st Saturday of every month	Doors open at 7:30 AM & distribution starts at 8:00 A.M. ends approximately at 9:30 A.M.
Luck, WI - Bone Lake Lutheran Church (\$15.00 Donation Requested)	School Bus Garage	3rd Tuesday of the even months	Doors open at 11:30 AM & distribution starts at 12:00 P.M. ends approximately at 1:00 P.M.

Support Groups

Alzheimer's Support Group	Good Samaritan	Last Tuesday of each month at 1 pm	Bonnie Prazak (715) 483-0272 or Julie Pool (715) 483-9815
Chronic Pain	St. Croix Regional Medical Center	First Thursday of each month 5:00-6:30 pm	Pat Fettes (715) 483- 0243

Divorce Care	Abundant Life Church, 4359 392nd Street, North Branch, MN 55056	Thursdays 6:30-8 pm	(651) 674-7531
Divorce Care	Grace Church, 722 Seminole Ave. Osceola, WI 54020	Call for more information	(715) 755-3454

Grief Support Groups

Grief Support Grief Support for Adults	St. Croix Regional Medical Center Holy Trinity Church, Centuria, WI	Call for more information Second & Fourth Thursdays 6:30 pm	(715) 483-3261 Holy Trinity (715) 485-3363 or Margaret McAbee (715) 653-4210
Compassionate Friends	First Lutheran Church, 410 5th St, Clear Lake, WI	1st Monday of each month 7:00 pm	Kathryn (715) 263- 2739
Compassionate Friends	Milltown Lutheran Church, 113 Main St W, Milltown, WI	3rd Tuesday of each month 7:00 pm	Deanna (715) 553- 1152
Compassionate Friends	United Methodist Church, 1401 Laurel Ave, Hudson, WI	1st Thursday of each month 7:15 pm	Mike & Collette (715) 386-5939

Suicide Survivors Support Groups

We are Not Alone	St. Croix Regional Medical Center	Tuesdays 6:30-8:30 pm	Sarah Shaw (715) 485-0431
Suicide Survivors Support Groups:	Amery Centennial Hall, Amery, WI	Third Monday of each Month 6:30 pm	Gloria Stokes (715) 268-9275
Survivors of Traumatic Loss	Holy Trinity Church, Centuria, WI	Second & Fourth Thursdays 6:30 pm	Pastor Arveda "Freddie" Kirk (715) 485-3363

Information compiled by Tammy Breault, March 2012